

# Canteen Lunch Order Menu

## Term 2 & Term 3 2024

🌿 GREEN CHOICES - Healthy

🍷 AMBER CHOICES - Moderation

🍷 **Notes:** Tomato, BBQ, Soy, Sweet Chilli,

Mild Mustard, Mayonnaise 50c

### Toasted Sandwich

Gluten Free Bread Add \$1.50

- 😊 Cheese V H
- 😊 Vegemite & Cheese V H
- 😊 Baked Beans V
- 😊 Baked Beans & Cheese V
- 😊 Ham & Cheese
- 😊 Tomato & Cheese V H
- 😊 Ham, Tomato & Cheese

### Quesadillas

Toasted Wrap, Low Fat Cheese, Corn

- 😊 Seasoned Chicken H
- 😊 Seasoned Minced Beef
- 😊 Vegetarian (Beans, Capsicum) H

### Burgers (inc Lettuce & Tomato)

- 😊 Vegetable V H (Mayo)
- 😊 Cheese & Beef H (Tomato Sauce)
- 😊 Chicken Tender H (Mayo)

### Wrap

- 😊 Chicken Tender Wrap (Mayo) H

### Hot Dogs

- |                   |        |
|-------------------|--------|
| 😊 Plain*          | \$2.20 |
| 😊 Sauce*          | \$2.40 |
| 😊 Cheese*         | \$2.80 |
| 😊 Cheese & Sauce* | \$3.00 |

### Drink

- 😊 Water 600ml
- 😊 Plain Milk
- 😊 Chocolate & Strawberry Milk 200ml
- 😊 Tropical Juice
- 😊 Apple & Blackcurrant Juice
- 😊 Glee Tropical, Raspberry, Grape, Blackcurrant
- 😊 Glee Sour Watermelon,

### Cost

### Canteen Made

### Cost

- |  |        |
|--|--------|
| 😊 Vegetarian Lasagne V H                             | \$5.00 |
| \$2.70 Layers of Seasonal Vegetables, Sauce & Cheese |        |
| \$ 2.90 😊 Beef Bolognaise Pasta                      | \$5.00 |
| \$3.00 Beef, Hidden Vegetables, Sauce & Cheese       |        |
| \$3.60 😊 Tuna Mornay & Pasta                         | \$5.00 |
| \$3.70 Tuna, white Sauce, Peas, Corn & Cheese        |        |
| \$3.70 😊 Mild Chicken Curry Pasta                    | \$5.00 |
| \$4.50 Chicken, Vegetables, Curry Sauce              |        |
| 😊 Tomato & Spinach G/F Pasta V H                     | \$5.50 |
| Tomato Sauce, Spinach                                |        |
| \$5.00 😊 Cottage Pie                                 | \$5.00 |
| \$5.00 Beef, Mixed Vegetables, Sauce & Mashed Potato |        |
| \$5.00 😊 Fried Rice V H                              | \$4.00 |
| Carrot, Corn, Peas & Sauce                           |        |
| \$6.00   |        |

### Sides

- |                             |        |
|-----------------------------|--------|
| \$6.00 😊 Small Corn Cob V H | \$1.80 |
| \$6.00 😊 Sticks Carrot V H  | \$2.00 |
| 😊 Cheese & Crackers V H     | \$2.00 |
| \$5.50 😊 Cheesy Bread V     | \$2.00 |
| 😊 Garlic Bread V            | \$2.50 |

### Hot food

- |                             |        |
|-----------------------------|--------|
| 😊 Mini Sausage Roll         | \$1.50 |
| 😊 Mini Pie                  | \$1.50 |
| 😊 Potato Gems (10) * V H    | \$2.50 |
| 😊 Fish Fingers (5)          | \$4.00 |
| \$1.80 😊 Dino Nuggets (5) H | \$4.00 |

\$2.50 \* = Gluten Free Option Available

\$2.70 Gluten Free items prepared in Kitchen where Gluten may be present.

\$2.70 V = Vegetarian

\$3.40 H = Halal

\$3.40 \* **Prices Subject to Change**