

## Canteen Lunch Order Menu Term 4 2023 & Term 1 2024

GREEN CHOICES - Healthy

AMBER CHOICES - Moderation

© Squoes Tomato, BBQ, Soy, Sweet Chilli, Mild Mustard, Mayonnaise, Burger Sauce, Salad Dressings .50¢

Sandwich/wraps (inc Lettuce & Tomato)		Cort	Saladı	Small	Medivm
Gluten Free Bread Add \$1.50	Sandwich	Mtab	© Fruit Salad	\$3.50	\$5.00
© Vegemite	\$2.00	N/A	◎ Garden Salad V *	\$2.30	\$4.60
© Cheese V	\$3.00	\$3.30	Inc Lettuce, Tomato, Cucumber, Capsicum, Carrot		
Salad V (Carrot & Cucumber, Lettuce, Tomato)	\$3.50	\$3.80	☺ Tex Mex Salad V	\$2.50	\$5.00
© Ham	\$4.00	\$4.50	Inc Lettuce, Tomato, Caps, Corn, Low Fat Cheese, Salsa, Beans		
© Chicken	\$4.00	\$4.50	Add Chicken Tender, Egg, Tuna or Ham		\$1.50
© Tuna	\$4.00	\$4.50	Banh Mi Salad V	\$2.50	\$5.00
	\$4.00	\$4.50	Rice Noodles, Lettuce, Carrot, Cucumber, Capsicum, Soy		
Chicken Tender (2) Mayo	\$5.00	\$5.50	Add Chicken Tender, Egg, Tuna or Ham		\$1.50
Que/adilla/			Asian Crispy Noodle Salad V	\$2.50	\$5.00
Toasted Wrap, Low Fat Cheese, Corn			Crispy Noodles, Cabbage, Corn, Carrot, Dressing		
© Seasoned Chicken		\$5.00	Add Chicken Tender, Egg, Tuna or Ham		\$1.50
Seasoned Minced Beef		\$5.00	© Caesar Pasta Salad	\$2.30	\$4.60
Vegetarian (Beans, Capsicum)		\$4.50	Add Chicken Tender, Egg, Tuna or Ham		\$1.50
Burgers (inc Lettuce & Tomato)			Stix & Bits (Carrot, Cucumber, Cheese & Crackers)	\$2.50	\$5.00
☺ Vegetable V (Mayo)		\$5.80	Hot food		
Cheese & Beef (Tomato Sauce)		\$5.80	© Potato Gems (10) *		\$2.50
Chicken Tender (Mayo)		\$5.80	Mini Sausage Roll		\$1.50
Side/			© Mini Pie		\$1.50
© Small Corn Cob V		\$1.60	© Dino Nuggets (5)		\$4.00
© Cheese & Crackers V		\$2.00	© Fish Fingers (5)		\$3.50
Vegetarian Spring Rolls (5)		\$2.50	Hot Dogs	Half	full
Garlic Bread		\$2.00	© Plain*	\$2.10	\$4.20
Cheesy Bread		\$2.50	<b>☺</b> Sauce*	\$2.30	\$4.60
Drink			© Cheese*	\$2.70	\$5.40
© Water 600ml		\$1.80	© Cheese & Sauce*	\$2.90	\$5.80
© Plain Milk		\$2.50			
Chocolate & Strawberry Milk 200ml		\$2.50	* = Gluten Free Option Available		
© Tropical Juice		\$2.70	Gluten Free items prepared in Kitchen where Gluten may be present.		
Apple & Blackcurrant Juice		\$2.70	V = Vegetarian		
© Glee Tropical, Raspberry, Grape, Blackcurrant		\$3.40			
© Glee Sour Watermelon, Sour Blueberry		\$3.40	* Prices Subject to Change		